Building Bridges...

A Welcoming and Inclusive Lethbridge

Community Action Plan 2019 – 2022

Supported by funding from:







Introduction and Background

The International Coalition of Cities Against Racism was launched by the United Nations Educational, Scientific and Cultural Organization (UNESCO) in 2004 in response to the increasing acts of racism and discrimination around the world. In the following year, the Canadian Commission for UNESCO (CCU) established the Canadian Coalition of Municipalities Against Racism and Discrimination (CCMARD) and began to invite municipalities to join the Coalition.

The City of Lethbridge became a signatory to the Coalition when Council passed Resolution 555-E Appendix C. Becoming a signatory community in to Coalition of Municipalities Against Racism and Discrimination (CMARD) signaled a clear and public commitment to building a welcoming and inclusive Lethbridge.

As a member municipality, Lethbridge adopted the 10 CMARD commitments:

- 1. Increase vigilance against systemic and individual racism and discrimination.
- 2. Monitor racism and discrimination in the community more broadly as well as municipal actions taken to address racism and discrimination.
- 3. Inform and support individuals who experience racism and discrimination.
- 4. Support policing services in their efforts to be exemplary institutions in the fight against racism and discrimination.
- 5. Provide equal opportunities as an employer, service provider and contractor.
- 6. Support measures to promote equity in the labour market.
- 7. Support measures to challenge racism and discrimination and promote diversity and equal opportunity housing.
- 8. Involve citizens by giving them a voice in initiatives and decision making.
- 9. Support measures to challenge racism and discrimination and promote diversity and equal opportunity in the education sector and other forms of learning.
- 10. Promote respect, understanding and appreciation of cultural diversity and the inclusion of Aboriginal and racialized and marginalized communities into the cultural fabric of the municipality.

The Lethbridge CMARD Committee, formed as a subcommittee of Standing Committee on Community and Social Development, was tasked with overseeing the development and implementation of a plan of action. Based on extensive feedback from key stakeholders and community members, a ten-year action plan, Building Bridges, A Welcoming and Inclusive Lethbridge was developed and began to be implemented by the Committee.

In 2019, based on feedback from community consultations, the CMARD Committee was restructured and the Action Plan was updated to create a revised three-year Plan for 2019-

2022. This Plan will add to build on the considerable achievement of CMARD Lethbridge from 2011 to 2017 (see Appendix C for a summary of activities and achievements in that time period).

Implementation of Approaches and Considerations

Implementation of the Action Plan will require attention to the following considerations:

Addressing Road Blocks

Racism, discrimination and marginalization are difficult and sensitive issues, and many individuals seek to avoid dealing with them directly. Work in this area can be challenging, highly charged and emotional and all too often defensiveness, resistance, denial and backlash are characteristic responses to this important work. Recognizing this ahead of time and developing strategies to address it, are key to success.

Education and Training

Education and training can play a critical role in the changing of institutional policies and practices and lead to individual changes in attitudes and behaviours. It needs to be an ongoing process, linked with the Community Action Plan to promote equity, diversity and inclusion and reduce racism, discrimination and marginalization, and embedded within other strategic education and training initiatives.

Open Communication and Public Education

It is important for municipalities involved in this work are educated about the issues involved. This requires processes of ongoing communication, both within the municipal organization and within the broader community, that are designed to broaden the base of support.

Locating Resources

Like any other priority, municipal initiatives to promote diversity, equity and inclusion and reduce racism, discrimination and marginalization, require adequate resources to successfully implement and sustain the work over the long term. Identifying existing resources is an important step in addressing strengths and gaps, and the resource capacity to undertake the work. It requires putting into place a viable financial plan through commitments in annual budgets and through seeking external funding when needed.

Accountability

Input from minority communities and critical learning from a range of initiatives, highlight accountability as an essential ingredient to successfully promoting diversity, inclusion and equity and reducing racism, discrimination and marginalization. Accountability assures that the work is being done and as importantly, demonstrates the successes achieved and what is changing as a result.

Areas of Focus and Goals

The Action Plan includes the following Areas of Focus and Goals:

AREA OF FOCUS	GOAL			
FOSTER AWARENESS	Increase awareness and understanding in the community through education			
BUILD PARTICIPATION, PARTNERSHIPS AND	Build and strengthen partnerships across all sectors to address racism and discrimination			
COMMITMENT	Increase citizen participation, collaboration and commitment to addressing racism and discrimination			
	Increase opportunities to engage youth in addressing racism and discrimination			
CREATE A SAFE COMMUNITY	Advocate for processes to identify and address issues of safety for people experiencing racism or discrimination			
	Develop a response model to document and respond to incidents of racism and discrimination			

ACTION PLAN

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	OUTPUTS
			(YEAR)	PARTNER/S		/OUTCOMES
FOSTER	Increase	1. As part of CMARD's mandate,	- Winter 2020	City of	Update branding/refresh program	# of facilitators
AWARENESS	awareness	an initiative was designed to	– Fall 2022	Lethbridge to	information: \$0	participating in
	and	support downtown		update		Train-the
	understanding	businesses and organizations	Train-the	Bonvenon	Train the Trainer Sessions - 2 in	Trainer
	in the	in creating a culture of	Trainer	program	2020, 1 in 2021 and 1 in 2022.	sessions
	community	diversity and inclusion from a	sessions:		Delivered by HR Specialist. 2 day,	
	through	business and organizational	Winter/Spring	Chamber of	7 hour training sessions	# of businesses
	education	approach. This initiative is	2020	Commerce,	@\$50/hour room rental and lunch	participating in
		known as Bonvenon.		Downtown	for 15 participants @ \$20/each.	training
		Meaning "welcome" in the	Community	Lethbridge		
		international language of	Sessions:	BRZ, not for	2020 - \$2,000	Increased
		Esperanto. The name	Spring/Summ	profit	2021 - \$1,000	awareness
		suggests the purpose of the	er 2020	organizations	2022 - \$1,000	among
		initiative, a way to create				business
		welcoming and inclusive			Delivery of 3 Community	operators of
		spaces in our downtown			Sessions/year: this includes room	strategies to
		neighbourhood. It involves			rental and coffee/tea for	create more
		training, a guide, and decals			participants. Facilitators will be	welcoming and
		to identify the Bonvenon safe			Coalition members = \$0. Room	inclusive
		spaces.			rental is \$50/hour X 4 hours =	workplaces
					\$200/session.	
					2020 - \$600	
					2021 - \$600	
					2022 - \$600	
					\$5,800	

ADEA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	OUTPUTS
AREA OF FOCUS	GOAL	ACTION ITEM	(YEAR)	PARTNER/S	BODGET	/OUTCOMES
		2. Design and implement a	2019 - 2022	Alberta Human	The campaign will be developed	# of public
		public education campaign to		Rights	and implemented by a consultant.	education
		inform citizens about:		Commission		events
		Experiences of racism and			2019 - \$10,000	
		discrimination in the		Alberta Hate	2020 - \$5,000	# of
		community and the impact		Crimes	2021 - \$5,000	participants at
		of these experiences		Committee	2022 - \$5,000	events
		Human rights, legislation				
		and rights and obligations		Coalition		# of
		related to racism and		Creating Equity	\$25,000	organizations
		discrimination		(CCE)		that request
		Equitable policies and				educational
		practices		Southern		sessions
		Best practices for inclusion		Alberta Ethnic		
		and equity		Association		Level of
		Relevant research studies				satisfaction
		that can help to inform		Lethbridge		with
		Coalition actions		Public Interest		information
				Research		provided at
		Use a variety of media (social		Group (LPIRG)		events
		media, print materials, digital				
		media, videos, online materials,				Increase in
		visual and performing arts) to				awareness
		target different segments of				about issues
		the population. Examples				related to
		include:				racism,
		 #Saynotoracismyql 				discrimination
		Update the Myths and Facts				and human
		Sheet				rights

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE (YEAR)	POTENTIAL PARTNER/S	BUDGET	OUTPUTS /OUTCOMES
		- Cogmont on Chau Cnotlight	(TEAK)	PARTNER/3		/OUTCOIVIES
		Segment on Shaw Spotlight				
		Target groups, organizations				
		and sectors that are not part of				
		the CMARD network (e.g. law				
		enforcement, legal clinics,				
		schools, youth programs, youth				
		commissions, intercultural				
		relations boards, homebuilders,				
		realtors, hotels, tourist and				
		hospitality associations,				
		landlords, social housing				
		providers, tenant associations,				
		etc.)				
		3. Implement events where	Fall 2019 –	This will	Coalition Meetings:	# of events
		community members can	December	include the	2019 (June - December)	" or events
		come together to share	2022	monthly	2020 (January - December)	# of
		perspectives on issues related	2022	Coalition	2021 (January - December)	participants at
		to inclusion, diversity and		meetings	2022 (January - December)	events
		equity in a safe space.		beginning June,	plus	0.000
		Diversity Cafés		2019 with a	40 Lunch n Learn sessions	Level of
		Monthly drop in with		lunch and learn	2019 (September – December)	satisfaction
		different topics led by		session added	2020 (January – December)	with events
		various members of the		after each	2021 (January – December)	
		CMARD Committee		meeting	2022 (January – December)	Increase in
		Community consultations		beginning		awareness
		Neighborhood forums		September,	2019 - \$900	about issues
				2019.	2020 - \$1500	related to
					2021 - \$1500	racism,

ADEA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	OUTPUTS
AREA OF FOCUS	JCO3 GOAL	ACTION ITEM	(YEAR)	PARTNER/S	BODGET	/OUTCOMES
					2022 - \$1500	discrimination
						and human
					Room rental includes coffee/tea	rights
					\$5,400	
		4. Support and promote existing	2019 - 2022	Volunteer	\$0	Increase in
		monthly calendar of diversity		Lethbridge is		number of
		and inclusion related events		leading and		participants
		in the community that are		funding this.		attending
		being held by various				community
		organizations and post-				events
		secondary institutions in the				
		city				
		5. Identify and create a list of	Collection of	Coalition	\$0	# of
		local experts, facilitators,	members'	members as a		organizations
		speakers and trainers in the	data	whole with Co-		requesting
		area of inclusion, diversity	volunteering	Chairs		information on
		and equality.	to begin June	coordinating.		facilitators,
			2019 and			speakers and
			reviewed at			trainers
			September			
			Coalition			
			meeting			
		6. Support organizations that	Ongoing	Membership at	\$0	Increased
		are offering Aboriginal		large	Promotion of their work will have	capacity of
		awareness and cultural			no cost besides time.	organizations
		competency training by				to offer
		promoting training and				Aboriginal
		assisting with				awareness and

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	OUTPUTS
AREA OF FOCOS	GOAL	ACTION TIEW	(YEAR)	PARTNER/S	BODGET	/OUTCOMES
		implementation when				cultural
		needed				competency
						training
						Increased
						participation in
						training
		7. Create a Coalition website to	Begin	Begin	Costs include \$300/year for	# of visits to
		disseminate information	Development	Development	WordPress site and \$25/year for	website
		relevant information and	Fall 2019,	Fall 2019,	domain registration.	
		resources	Launch	Launch Winter		
			Winter 2020	2020. This will	2019 - \$325	
				be done by Co-	2020 - \$325	
				Chairs with	2021 - \$325	
				assistance/trai	2022 - \$325	
				ning from The		
				City's HR	\$1,300	
				Specialist -		
				Diversity and		
				Inclusion.		
AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	
			(YEAR)	PARTNER/S	40	
BUILD		8. Support the work of the	Ongoing	Youth	\$0	
PARTICIPATION	strengthen	Youth Collective in Lethbridge		Collective – a		
,	partnerships	to ensure that the needs of		collaboration		
PARTNERSHIPS	across all	youth being affected by		of seven		
AND	sectors to	bullying, violence and/or		organizations		
COMMITMENT	address	discriminatory discipline		currently		
				developing a		

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE (YEAR)	POTENTIAL PARTNER/S	BUDGET	OUTPUTS /OUTCOMES
	racism and	policies and practices are	(TEAR)	Terms of		/OUTCOIVIES
	discrimination	being addressed		Reference		
		semig addressed		. Hererenee		
				Coalitions		
				Creating Equity		
				Coordinator –		
				delivering anti-		
				racism and		
				anti-		
				discrimination		
				workshops for		
				youth		
				Alberta Hate		
				Crimes		
				Committee		
				members to		
				deliver Hate		
				Hurts program		
				in schools		
		9. Develop a recognition	Spring, 2020 -	Leaders of	Beginning in 2020.	Level of
		program for schools/students	2022	Tomorrow	_	participation in
		that are working on anti-		recognition	Cost is for 3 X \$50 framed	recognition
		racism and anti-		program for	certificate per year.	program
		discrimination initiatives.		youth		
					2020 - \$50	Increased
				Existing	2021 - \$50	awareness
				recognition	2022 - \$50	among
				programs in		schools/studen

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE	POTENTIAL	BUDGET	OUTPUTS
	33.12		(YEAR)	PARTNER/S	33331	/OUTCOMES
				schools and in	Total \$150	ts about need
				the community		to address
						racism and
						discrimination
	Increase	10. Organize a bi-annual	2020 & 2022	Lead - City of	This IS NOT a Community-led	# of conference
	citizen	Welcoming and Inclusive		Lethbridge	event. No budget implication for	participants
	participation,	Community Conference in			Coalition. There may be Coalition	
	collaboration	collaboration with the City of		Alberta Urban	members whose organizations	Level of
	and	Lethbridge and other		Municipalities	may be sponsors of the event	satisfaction
	commitment	partners. A potential focus		Association	however. Co-sponsor for Inclusive	with
	to addressing	for the conference is inclusive		(AUMA)	Hiring Conference will be the Local	conference
	racism and	hiring practices.			Immigration Partnership who will	
	discrimination			Alberta Human	be looking for a grant to support	Increased
				Rights	their involvement. Sponsor for the	awareness
				Commission	Inclusion Conference would be	about issues
					AUMA/Alberta Human Rights	covered in
				Businesses,	through their Welcoming and	conference
				agencies	Inclusive Communities initiative.	sessions
				working on	Lethbridge to host either Come	
				employment	Together Alberta Conference OR	
				equity	Municipal Inclusion Forum.	
					\$0	
	Increase	11. Collaborate with	2019 - 2022	Alberta Hate	\$0	# of Hate Hurts
	opportunities	organizations that offer		Hurts program		programs
	to engage	programs for youth that		in collaboration	Collaboration with no direct costs	implemented
	youth in	would increase awareness		with Alberta	to Coalition.	
	addressing	build capacity in children and		Hate Crimes		Increased
						capacity in

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE (YEAR)	POTENTIAL PARTNER/S	BUDGET	OUTPUTS /OUTCOMES
	racism and	youth to respond to racism		Committee		children and
	discrimination	and discrimination		(AHCC),		youth to
				Lethbridge		respond to
				Police Service		racism and
				School		discrimination
				Resource		
				Officers, Local		
				Immigration		
				Partnership		
				school		
				programs,		
				Alberta Urban		
				Municipalities		
				Association		
				(AUMA)		
				Local schools,		
				Boys and Girls		
				Clubs, after		
				school		
				programs and		
				other youth		
				programs.		

AREA OF FOCUS	GOAL	ACTION ITEM	TIMELINE (YEAR)	POTENTIAL PARTNER/S	BUDGET	
CREATE A SAFE	Advocate for	12. Work closely with a		LPS Diversity Officer	\$0	Increased trust
COMMUNITY	processes to	representative from the				and
	identify and	Lethbridge Police Service		Sage Clan Patrol		relationships
	address issues of	(LPS) and other law				between
	safety	enforcement and		Apiistamiiks White		community
		relevant justice related		Buffalo group		members
		services to identify issues				concerned about
		of concern in the				issues of safety
		community and to				and LPS
		advocate for strategies to				
		address these issues.				
	Develop a	13. Support the efforts of	Ongoing	Coalitions Creating	\$0	Development
	response model	Coalitions Creating Equity		Equity (CCE)		and
	to document and	(CCE) to develop a				implementation
	respond to	response model to		Alberta Hate Crimes		of a Response
	incidents of	identify and respond to		Committee (AHCC)		Model
	racism and	acts of racism, hate				
	discrimination	crimes and incidents,		Alberta Human Rights		Use of the
		including bringing such		Commission (AHRC)		Response Model
		incidents to the attention				to track, report
		of the authorities.				and address
		Include hate crime				issues
		incidents statistics from				
		Statistic Canada and				Decrease in
		AHCC's StopHateAB.ca				number of
		site in reports to Council				incidents
Yearly Costs:	2019 \$11 225	2020 \$9.475 2021	\$8.475 2022	\$8 475 Total 2019	- 2022 \$37,650	1

Yearly Costs: **2019** \$11,225 **2020** \$9,475 **2021** \$8,475 **2022** \$8,475 **Total 2019 – 2022** \$37,650 **CMARD Budget Remaining in CSD** \$18,815

CMARD Budget Remaining in CSD \$18,815 Budget Request \$18,835

Appendix A - Council Resolution

September 17, 2007

• Barb Cunningham, Chair and Bruce Thurston, Vice Chair, Standing Committee on Community & Social Development, Re: Coalition of Municipalities Against Racism and Discrimination

Bruce Thurston, Vice-Chair, Standing Committee on Community & Social Development, on behalf of Barb Cunningham, advised that "A Canadian Coalition of Municipalities against Racism and Discrimination" will broaden and strengthen our society's ability to protect and promote human rights through coordination and shared responsibility among local governments, civil society organizations and other democratic institutions.

He provided background information and advised as follows:

- Coalition and various organizations that are involved and the reasons to join
- Overall purpose of the Coalition is to assist the community in addressing issues related to diversity, a barrier that poses a threat to our community
- That City Council sign the Declaration to join the Coalition establishing the capacity to deal with racism and discrimination specific to Lethbridge
- Commitments involved

City Council addressed the following during question period:

• Toolkits and other resources that may be available to implement a policy

The following resolution was presented:

L.D. VAALA:

BE IT RESOLVED THAT the City of Lethbridge take the steps required to develop and promote building an inclusive community and support the Common Commitments, Coalition of Canadian Municipalities Against Racism and Discrimination

AND FURTHER BE IT RESOLVED THAT the City of Lethbridge join the Canadian Coalition of Municipalities Against Racism and Discrimination and sign the Declaration

AND FURTHER BE IT RESOLVED THAT the Standing Committee on Community and Social Development be requested to oversee the development and implementation of a plan of action for the City and recommend a Family & Community Support Services (FCSS) Funding allocation from unallocated funds to a maximum amount of \$25,000, to effectively resource the development and implementation of this plan

AND FURTHER BE IT RESOLVED THAT the request be approved with the recommended funding from FCSS funds

AND FURTHER BE IT RESOLVED THAT Mr. Thurston be thanked for his prese	ntation.
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Opposed: J.D. Wea	adick

Appendix B - CMARD Lethbridge Past Accomplishments

The following is a summary of past accomplishments of CMARD Lethbridge.

Hiring of Inclusion Consultant
Anti-racism response training
PANGAEA café- opportunity for citizens to meet and share perspectives
Support for community agencies with their initiatives and activities
Present at conferences and events locally, provincially and nationally
Attend and support community events
Represent Lethbridge at provincial and national initiatives
Participate in and support initiatives of Vibrant Lethbridge
Supervise University of Lethbridge practicum students
 Set up displays and information sharing tables at events such as Aboriginal Job Fair
Assist with member group events such as Hate Crime Prevention Day and Sisters in Spirit Vigil
Receive discrimination complaints and forward them to the appropriate bodies
Have a meaningful presence in media
Create "best practices" tools that is being highlighted and used nationally
Create a more positive image of Lethbridge
Discover Diversity conference
CMARD strategic planning day
Hiring of Inclusion Consultant
Joined the Cities for All Women initiative (CAWI) in Ottawa
• Contributed to the Canadian Institute for Diversity Initiatives (CIDI) national toolkit on equity and inclusion.
PANGAEA café- opportunity for citizens to meet and share perspectives
UNITAS - a collaboration of agencies to engage ethno-cultural communities
and groups within Lethbridge and to hold monthly evenys
Global Night - hosted 2 Global nights to welcome international students to
the City of Lethbridge.
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• Intercultural Exchange - Opportunity for New Canadians learning English and Aboriginal folks to engage in dialogue and to learn from one another.

¹ A Welcoming and Inclusive Lethbridge, Lethbridge CMARD Progress Report, 2011-2012

² A Welcoming and Inclusive Lethbridge, Lethbridge CMARD Progress Report, 2013-2014

- Releasing Our Spirit A collaborative event to remember, celebrate and commemorate the over people that have lost their lives to street culture in Lethbridge over the years.
- #SayNoToRacismYQL (Social marketing campaign)
- Inclusive Messaging, Planning and Support for Oktoberfest 2014 festival
- International Human Rights Day
- An inclusive Lethbridge Conference March 2014
- Oktoberfest 2014 festival
- Commemorating International Human Rights Day

$2015-2017^3$

2015

- CMARD YouTube Channel CMARD Flashmob to engage community and celebrate the International Day for Human Rights
- Pangea Diversity Cafés
- #SayNoToRacismYQL Campaign
- UNITAS Events and Calendar A collaboration of agencies to engage ethnocultural communities and groups and provide monthly events
- Partnerships:
 - o Sisters in Spirit Panel Presentation
 - o Black History Month
 - "Theatre for Living"
 - Aboriginal Awareness Day
 - o International Students Global Night
 - CAWI Cities for All Women's Initiative
- CMARD (4th) Inclusion Conference Building Inclusive Neighbourhoods in a Changing World
- Supported:
 - International Day for Persons with Disabilities
 - o Immigrant Achievement Awards
 - Citizens Walk About
 - "I Stand Against" campaign

2016

• #ItStartsWithMe Campaign

• Bonvenon - Diversity & Inclusion Training

Partnerships:

- Syrian Refugee Settlement Response
- Local Immigrant Partnership (LIP)
- IMPACT Pop-Up Clinics
- o Reconciliation Implementation Plan

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³ Triennial Report 2015-17 CMARD Lethbridge

- City of Lethbridge Inclusion Policy
- Myth & Fact Sheets
- EmployUsYQL
- o International Students "Global Night"
- Practicum Students for the Fall and winter Semesters

• Supported:

- World Refugee Day
- National Aboriginal Week
- Perceptions Project
- Shelter Me Party in the Park (Galt Gardens)
- o Pride Parade
- o International Day for Persons with Disabilities
- Citizens Walk About
- "I Stand Against" Campaign

Highlights

- Featured provincially through a webinar on "Resources for Building a Welcoming & Inclusive Community"
- CMARD Lethbridge invited to attend an international conference as the Canadian CMARD delegate to UNESCO in Nairobi, Kenya
- Inclusion Consultant was recognized as an Alberta Human Rights
 Champion by the John Humphrey Centre.

2017

- Opening Ceremonies: Native American Awareness Week
- Indigenous Cultural Centre Study
- Reconciliation Lethbridge Implementation Plan
- Reconciliation Week
- Practicum Students for the Fall and Winter Semesters
- Supported
 - AUMA Conference in Okotoks
 - Latin Fest in Galt Gardens
 - Immigrant Achievement Awards
 - Centre for Race & Culture Courses
 - Welcoming Events for Newcomers (SAEA LIP Initiative)
 - Black History Month
 - "I Stand Against" campaign
 - o Pride Parade
 - Elders Gathering (U of L)
- Highlights
 - o Heart of Our City Award: "From the Heart" for work in Downtown
 - Diversity Champion Award (Diversity Magazine Calgary)

Appendix C - Glossary

Aboriginal People This is the term used in Canada's 1982 Constitution Act to refer to First Nations, Inuit and Métis people. The word recognizes the fact that Aboriginal peoples are the original people of Canada.

CCMARD The Canadian Coalition of Municipalities Against Racism and Discrimination: CCMARD is part of an international network of cities interested in improving their policies against racism, discrimination, exclusion and intolerance.

Disability (noun) Physical, mental, or emotional conditions that, because of the society we live in, limit or shape a person's participation in society. Disabilities may involve mobility, agility, visual, speech, hearing, learning, and cognitive characteristics.

Discrimination (noun) Unjust intentional or unintentional actions based on race, religious beliefs, colour, gender, physical/mental disability, ancestry, age, place of origin, marital/family status, source of income, or sexual orientation, that have a negative effect on an individual or group. Discrimination can occur in education, housing, health care, employment, and the delivery of services, goods, and facilities.

Levels of Discrimination

Individual Discrimination: When an individual discriminates against others for being members of a particular social group. For example, an employer who rejects all black job applicants, a landlord who refuses to rent an apartment to someone on social assistance, a police officer who beats a Muslim immigrant suspect, or a group of teenagers who decide to paint a swastika on a Jewish temple.

Institutional Discrimination: When organizations or institutions (e.g. schools, municipalities, corporations) have policies, procedures or informal practices that give one social group (usually a mainstream group) advantages over another (usually a marginalized group). For example, a when company only gives days off for Christian religious holidays, or when a university doesn't offer supports for students with visual impairments. The 'culture' of an organization, what is seen as 'normal' and 'acceptable', is reinforced by the organization's policies. Because people from mainstream groups are more often in positions of power in organizations, the people who make decisions often don't see the impact of discriminatory practices on people from marginalized groups, and this creates an organizational culture of discrimination. Institutional discrimination can be addressed by reviewing, reforming or restructuring organizations and policies so they're equitable for everyone.

Systemic Discrimination: Systemic discrimination occurs when a whole society or culture has widespread beliefs, practices and systems that advantage one social group over another. When discrimination is woven into the fabric of our society, it's more powerful, and more difficult to root out. For example, transgender people experience systemic discrimination in Canada. This means that the idea that transgender people are abnormal, unhealthy, deviant or dangerous shows up in every structure of our society – the legal system, health care,

housing, employment, as well as media and the arts. Because many people hold such ideas about transgender people, laws and policies are created that discriminate against them; but because those laws and policies are in place, it's easy to believe that those discriminatory ideas are 'natural' and right. This creates a cycle of discrimination that's hard to end.

Diversity (noun) Diversity describes all the ways that people are different, including the characteristics that make one individual or group different from another. A broad definition of diversity includes not only race, ethnicity, and gender — what we most often think about when we hear 'diversity' — but also age, religion, disability, sexual orientation, socioeconomic status, education, marital status, language, and physical appearance. Diversity also describes differences in ideas, perspectives, and values.

Equity (noun) Equity involves trying to give people what they need to enjoy full, healthy lives. Equity acknowledges that we're different: some people may be advantaged and already have greater access to resources and opportunities, and others may be disadvantaged, and as a result have different or additional needs. These disadvantages can be from historical injustices or current discrimination. Equity asks us to 'level the playing field'. It requires that we provide different or additional resources to those in greater need, so that they can have the same opportunities as those who are advantaged.

First Nation(s) (adj or noun) One of the three distinct cultural groups of Aboriginal Peoples (the others being Métis and Inuit). The word 'First' recognizes the fact that Aboriginal people are the original inhabitants of what is now called Canada. The word 'Nation' stresses that Aboriginal peoples had their own forms of government before European colonization.

Hate Crime (noun) Hate crimes are activities that harm or threaten harm to the physical security, property, or dignity of someone from, or someone who is thought to be from, a particular social group. The intent of a hate crime is not only to threaten an individual, but to create fear in an entire social group.

Human Rights (noun) A set of rights and freedoms that all human beings are entitled to. Human rights are often guaranteed by provincial, national or international laws. Examples of human rights include the right to life, work, and education, and freedom of expression.

Inclusion (noun) Inclusion is the act of creating environments in which any individual or group can feel welcomed, respected, supported, and valued to fully participate. An inclusive and welcoming community embraces human differences, sees them as strengths, and offers respect in both words and actions for all people. An inclusive community is a community where 'we' is everyone.

Indigenous (adj) Indigenous means 'native to the area'; in this sense, Aboriginal people are indigenous to North America.

Newcomer (adj or noun) An immigrant or refugee who has recently arrived in a country.

Race (noun) The term race refers to categories of people who have similar physical traits that are seen by society as significant, with the result that these categories of people are treated differently. Historically, skin colour has been associated with physical and intellectual differences. As a result, people have been treated differently based on their perceived race. Years of scientific work have debunked the idea that the human species can be categorized into sub-types based on skin colour and other physical characteristics. But social ideas about race remain a powerful force and can result in discrimination.

Racism (noun) Discrimination against racialized people. A belief, action, or practice that either blatantly or subtly gives value and 'normal-ness' to white people and whiteness, and that devalues, stereotypes, and labels racialized people as 'other', different, or less than.

Youth (adj or noun) People aged 15 to 30, according to the Government of Canada. Youth may be marginalized based on the assumption that their choices, ideas, and contribution to society are less valuable than adults. For example, beliefs that youth don't know what's good for them become discrimination when laws prevent youth from making decisions about their own lives; and in a workplace, ageism can prevent youth from being seen as competent and being fairly compensated for their work.

Adapted from Alberta Urban Municipalities Association (AUMA) Welcoming and Inclusive Communities (WIC) Glossary of terms.

https://www.auma.ca/sites/default/files/Advocacy/Programs_Initiatives/WIC/wic_glossary_of_terms.pdf